



\$295^{+GST}
~~\$549~~

PAIN, MENTAL ILLNESS, & ADDICTIVE BEHAVIOURS

Functional Gains, Behaviour Change & Addiction Risk Minimisation

First of its kind - a workshop that explores the **commonalities** between pain, mental illness and **addictive** behaviours, and teaches key strategies to ensure successful functional gains.

DATE: Friday 25 Feb 2022

WHERE: Zoom webinar/workshop
9:00am - 3:00pm

Click **HERE** to register

For Insurers, Health Workers, Employers, Occupational Rehab Providers etc



PRESENTERS:



Dr Harry Hill

Consultant Psychiatrist,
MBBS, BMedSci,
M.Psych, FRANZCP,
Cert. Addiction
Psychiatry.

Dr Hill is a Fellow of the Royal Australian and New Zealand College of Psychiatrists (RANZCP) and holds an Advanced certificate in addiction psychiatry.

Dr Hill is the lead psychiatrist at Barwon Health Drugs and Alcohol Service. Alongside his clinical practice, Dr Hill has a keen interest in education and research. He is a senior clinical lecturer at Deakin University, serves on the Barwon Health and Deakin University CHIME expert advisory group and is the Victorian representative of the RANZCP section of social, cultural and rehabilitation psychiatry.

For his work, Dr Hill has received numerous awards, including the Royal College of Psychiatrists' (UK) Douglas Bennett Prize for excellence in Rehabilitation Psychiatry.



Anjelo Ratnachandra

Founder – Beyond Pain
B Physio (Hons), Grad.
Cert. Counselling, Cert.
CBT, Cert. REBT

Anjelo Ratnachandra is an award-winning practitioner who has pioneered multidisciplinary telehealth services through Beyond Pain's pain, fatigue, and mental illness programs.

Anjelo is an author whose popular self-guiding book, Beyond Pain, has reached over 13 countries. His lived experience is an extraordinary tale of resilience having recovered from several near-death experiences including being set alight with a Molotov cocktail in a case of mistaken identity.

Anjelo has a unique set of skills in Physiotherapy and Counselling and has worked in areas of pain, fatigue, and mental illness for over two decades. For his work, he has received numerous awards including Worksafe's (Vic) Treating Health Practitioner Award (2011) and Australian Allied Health Awards' Physiotherapist of the Year (2018).



COURSE OUTLINE:

Module 1:
Understanding Addiction &
The Astonishing Truths

- Crucial foundation to understanding addiction, setting it in a broader political/legal/medical/social context.
- Explore the astounding truths about addiction and its destructive impact.
- Help get a deeper understanding of addiction, how this has evolved through time and the impact this has on the care experience.

Module 2:
Neurobiology

- Provides a tailored insight into neurobiological research in addiction.
- Help understand the key neurocircuits involved in the dependence and addictive process.
- Conceptualizing addictive behaviours in the concept of neurobiology to better understand the targets of medication and non-pharmacological treatment approaches.

Module 3:
The Spectrum &
The Stigma

- Explores the diagnostic criteria, its utility and interplay with treatment.
- Unpack stigma and why society stigmatises people who use drugs.
- Reflect on your own approaches to working with people living with addiction.
- Giving you “the words” to optimise engagement and care.

Module 4:
Screening &
Brief Interventions

- Review of current widely used screening tools
- Look at a quick/brief tool, that provides a useful screen “in the real world”
- Be armed with brief intervention skills and leave with a “menu of options” for your practices.
- Introduce our new webinar-based H.A.B.I.T.S. program for clients at risk or with addictive habits

Click [**HERE**](#) to register