

ZOOM WEBINAR  
ONE DAY WORKSHOP



# EMPOWERING CONVERSATIONS

"The art of client engagement"



~~\$349~~  
**\$275**

Strictly Limited Places

Wednesday 27th April 2022

ESSA CPD: 7 points

[REGISTER NOW!](#)

FOR INSURERS, OCCUPATIONAL REHAB PROVIDERS, EMPLOYERS & TREATING HEALTH PRACTITIONERS



BEYOND PAIN WORKSHOP – ZOOM WEBINAR

# EMPOWERING CONVERSATIONS

Presented by:

**ANJELO RATNACHANDRA**

BSc Physiotherapy (Hons), Grad Cert  
Counselling, Cert CBT, Cert REBT

- Specialises in treatment of chronic pain, chronic fatigue, and mental illness
- Author of the popular self-guiding book Beyond Pain
- Inaugural winner of Worksafe's (Vic) Treating Health Practitioner Award
- Recipient of numerous awards in the Occupational Rehabilitation industry
- Contributed towards several research papers in pain & fatigue management
- Extensive experience in Occupational Rehabilitation, and in research-based chronic illness management
- Guest speaker at national & international events, and at popular speaking circuits

## COURSE SESSIONS INCLUDE:

- The ARCHITECTURE of Empowerment - the fundamentals required for empowering clients
- Explore far beyond Motivational Interviewing and Open-ended questions
- The CHANGE Process - A comprehensive understanding of interpersonal and intrapersonal consequences of trauma
- Strategies for ENGAGING clients who "know it all"
- A PROVEN approach to help rise above adversity
- Complex CASE STUDIES
- PRACTICAL Sessions and Feedback

ESSA Accredited: 7 CPD points

[Click HERE to register](#)



# COURSE OUTLINE

**9:00AM - 3:30PM**

## Module 1: Empowerment - the Architecture

Before we try and empower someone, we must understand the architecture of empowerment. This session explores what empowerment is and the crucial components of empowering conversation.

\*Includes Practical

## Module 2: Change Process - Part 1

To help empower someone, we must understand their process of change, both from interpersonal and intrapersonal perspectives. This session unravels the change process with a unique perspective, looking at maladaptive patterns, and the unhelpful tendencies of clients when attempting to connect with others during difficult times.

\*Includes Practical

## Module 3: Change Process - Part 2

This session introduces the concept of the Competence Tightrope - how our clients become mentally and physically unwell, and a fresh approach to engaging complex clients who "know it all". This session teaches you the effectiveness of immediacy intervention strategies to best influence change.

\*Includes Practical

## Module 4: Something to Be

This session looks at how to create a platform for empowerment using key counseling strategies. We explore a powerful strategy to help clients to use adversity for growth and positively change a client's vision of their future.